

6 Take it higher

Giving back

"We make a living by what we get. We make a life by what we give."

—Sir Winston Churchill

You have now taken your business and your life to a new level. You have momentum. It took focused energy and unbridled enthusiasm to get you there. Now comes the tough part. How will you maintain that level now that you've achieved it? How will you keep it fresh now that the newness has worn off?

Happy Musings
by Sally Huss

*Each day is a lifetime
to be lived fully, joyfully
and without regret.*



The process of building momentum in life/business is much like a speedboat on the open ocean. If you're chugging along slowly, the waves will wear you out. You'll be constantly buffeted and pushed around. It's a constant battle. As you build up speed (momentum), you skim right over the crest of the wave, bypassing all the choppiness and struggle. The question is, how does one gather enough speed and maintain enough momentum to always ride the crest?

Part of the power that keeps you there is giving back. We contribute to the community because it's the right thing to do and, let's face it, it makes us feel good. We start out working hard to make money to provide for our families and to get ahead. That's Part One. When we achieve a certain level of success and have accumulated many "things," we need to proceed to Part Two. It's time to balance life out by giving back.

The universe is very adept at keeping track of this give and take, and those who don't give back once in a while usually run into a brick wall. Pay it forward. You feel good, the recipient of your kindness feels good, and the momentum goes on. Make giving back a habit. Whatever you put out into

the universe comes back tenfold, so don't be afraid to share the wealth.

Send out daily...

- Kind thoughts or kind words
- Support and encouragement

Give freely of...

- Your resources (time and money) to worthy causes
- Your ideas, insight, and knowledge